

Asian Mental Health and Wellbeing Summit 2025

Elevating Unheard Voices of Asian Youth: A Call to Action

Venue: The Grand Hall, Parliament

Date and Time: 13 August 2023, 8:30am to 5pm

Masters of Ceremony: Romy Lee & Starsha Samarasinghe

8:00		Registration opens
8:45		Karakia - Te Kaumatua Matua Peter Jackson
8:50		Housekeeping - Masters of Ceremony
09:00	09:10	<u>Asian Youth Artwork Presentations</u> <ul style="list-style-type: none"> Jason Tran (UoA's Thriving@Crossroads team) Gabrina Zhao (AFS youth)
09:10	09:30	<u>Opening Address</u> Hon Matt Doocey (Minister of Mental Health and Associate Minister of Health)
09:30	09:55	<u>Plenary session: Asian Youth Lived Experience</u> <ul style="list-style-type: none"> Michelle Delves (UoA's T@C team) Dr Annie Chiang (UoA's T@C team) Michelle Lei (AFS Kia Ora Ake Team) Dileetha Kohoban (AFS Kia Ora Ake Team) Paolo Aquino (AFS Kia Ora Ake Team)
9:55	10:00	Group photo with Minister
10:00	10:30	Morning tea
10:30	10:50	<u>Keynote Address: Contextualising Asian Youth Mental Health in Aotearoa New Zealand</u> Associate Professor Roshini Peiris-John (Principal Investigator, UoA's T@C project)
10:50	11:50	<u>Panel Discussion on Challenges and Opportunities for Advancing Asian Youth Mental Health</u> <ul style="list-style-type: none"> Kiri Richards (Associate Deputy Director-General Mental Health, Addiction and Suicide Prevention, Ministry of Health) Dr Leeanne Fisher (National Chief, Mental Health and Addiction, Health NZ) Lisa Gestro (Director, Mentally Well (Interim), National Commissioning, Health NZ) <p><u>Moderator:</u> Dr Kelly Feng (CEO, AFS)</p>
11:50	11:55	Briefing by Alex Schröder (Assistant Ombudsman, Office of the Ombudsman)
11:55	12:00	Statement by Dr Melissa Derby (Race Relations Commissioner, Human Rights Commission)
12:00	13:00	Asian youth lived experience creative output exhibition and Lunch
13:00	13:20	<u>Keynote address: Kia kuru pounamu te rongo: Holding the Highest Aspirations for Our Mokopuna</u> Dr Claire Achmad (Chief Children's Commissioner, Mana Mokopuna)
13:20	13:25	Group Discussion briefing – AFS Integrated Tree Model <ul style="list-style-type: none"> Chiely Utley (AFS Kia Ora Ake Team) Neil Sagun (AFS Kia Ora Ake Team)
13:25	14:25	Group Discussion on identifying and prioritising solutions for actions led by T@C and AFS youth

14:30	14:45	<u>Kia Ora Ake Presentation</u> Romy Lee, AFS Kia Ora Ake Team
14:45	15:45	<u>Plenary - Group Discussion Feedback</u> <ul style="list-style-type: none"> • Celesti Tan (UoA's T@C team) • Nikki Singh (UoA's T@C team) • Dr Lovely Dizon (UoA's T@C team) • Paolo Aquino (AFS Kia Ora Ake Team) • Linda Duong (AFS Kia Ora Ake Team) <p>Moderators: Nancy Lu (Member of Parliament) and Dr Vartika Sharma (UoA's T@C team)</p>
15:45	15:55	<u>Next Steps –Dr Kelly Feng (CEO, AFS) & Associate Professor Roshini Peiris-John (Principal Investigator, UoA's T@C project)</u>
15:55	16:10	<u>Closing Remarks: The Future is Now</u> Karen Orsborn (Chief Executive, Te Hiringa Mahara, Mental Health and Wellbeing Commission)
16:10	16:20	Acknowledgements – Fred Pau (AFS Board Chair) and Dr Rodrigo Ramalho (UoA's T@C team)
16:20	16:30	Closing Karakia - Te Kaumatua Matua Peter Jackson
16:30	16:35	Group photo
16:35		Networking